

## Community Health Services

The following health services are provided by Whittington Health and Islington Council over approximately 11 sites in the community across Islington. Patients can be referred to these services by their GP or another health professional. For a number of services patients can also self-refer.

### Helpful Information

If you feel like you have been waiting too long for your appointment you can contact the bookings team.

#### Central Booking Service

Tel: 020 3316 1111 / 020 3316 1600

Email: [arti.centralbooking@nhs.net](mailto:arti.centralbooking@nhs.net)

#### Patient Advice and Liaison Service

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to the Patient Advice and Liaison Service (PALS) on 020 7288 5551

### Community Health Services

- **Adult Wheelchair Service**
- **Audiology** (hearing assessments, hearing aid fitting, treatments for vertigo, dizziness and imbalance)
- **Bladder and Bowel Management**
- **Cardiology Service** (for people with known or suspected disorders of heart and blood vessels delivered at the Whittington and GP practices, the Sobell Centre and community pharmacies)
- **Community COPD Service** (for Chronic Obstructive Pulmonary Disease)
- **Diabetes Service**
- **District nursing** (24-hour expert care to housebound adults)
- **Haematology** (blood testing)
- **Lymphoedema Care** (care for a condition that causes swelling of the limbs)
- **Musculoskeletal Clinical Assessment and Treatment Service** (for pains in your muscles, bones or joints)
- **Nutrition and Dietetics**
- **Physiotherapy**
- **Podiatry** (foot health)
- **Speech and Language Therapy**
- **Tissue Viability Service** (for pressure ulcers, leg ulcers and other types of wounds that are difficult to heal)

## **Community Health Services specifically for children and families**

- **Community Children's Nursing** (majority of care is provided at home, but there is a nurse led eczema clinic at the Northern Health Centre)
- **Community Matron** (nursing care and support for children with complex health needs)
- **Community Paediatrics Services** (for children with developmental problems or disabilities, at the Northern Health Centre)
- **Family Nurse Partnership** (preventative programme for first time young parents at PULSE on Holloway Road)
- **Health Visiting** (nurses or midwives supporting child, family and public health)
- **Paediatric Wheelchair Service**

## **Community Health Services delivered by Islington Outlook**

- **Community Rehabilitation Team** (working with adults with significant neurological and/or complex physical disabilities who have some potential to benefit from rehabilitation or self-management of their condition)
- **Psychology Services** (supporting people in the process of adjustment to major life changing events, such as stroke and acquired brain injury)
- **REACH Intermediate Care** (working with physically disabled adults/ older people promoting health and maximising independence)

This is not necessarily a complete list of community health services available in Islington. Rather, it is intended to indicate the wide range of services available. Some mental health services are also delivered in community settings.