

# Sustainability and Transformation Plan

## What it means for primary care



# Where did Sustainability and Transformation Plans come from?

- Sustainability and Transformation Plans are a key part of the plan to transform the NHS (and make the £22bn saving)
- They are based on the rationale that health and social care is an interdependent system
- Our plan is trying to achieve:
  - Better health outcomes for our population
  - Improved quality
  - Financial balance
- As part of this work Haringey and Islington will be working closer together

# What is North Central London

## Enfield CCG / Enfield Council

GP registered population: 320,000  
GP practices: 48

## Barnet CCG / Barnet Council

GP registered population: 396,000  
GP practices: 62

## Haringey CCG / Haringey Council

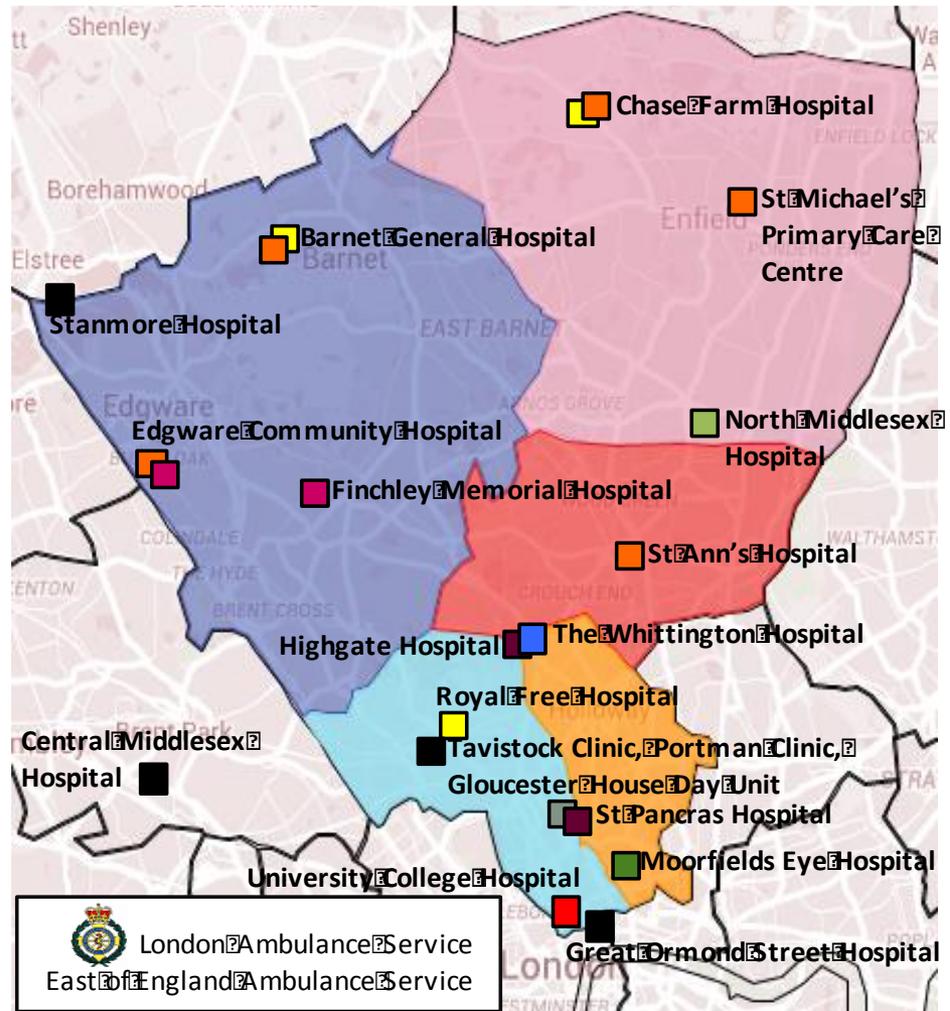
GP registered population: 296,000  
GP practices: 45

## Islington CCG / Islington Council

GP registered population: 233,000  
GP practices: 34

## Camden CCG / Camden Council

GP registered population: 260,000  
GP practices: 35



# Why are we doing this?

- People in North Central London are living longer but in poor health
- There are different ethnic groups with differing health needs
- There is widespread deprivation and inequality
- There is significant movement into and out of North Central London
- There are high levels of homelessness and households in temporary housing
- Lifestyle choices put local people at risk of poor health and early death

# Why are we doing this?

- There is not enough focus on prevention
- Disease and illness could be detected and managed much earlier
- There is a lack of integrated care and support for those with a long-term condition
- Many people are in hospital beds and could be cared for closer to home
- Hospitals are finding it difficult to meet increasingly demanding emergency standards
- There are challenges in mental health provision

# The financial challenge



- Our spend across health and care in North Central London is circa £2.5bn
- The “do nothing” scenario across North Central London means that we would be in deficit by £876m by 2021
- The consequence of doing nothing is that local health and social care services would not be maintained

# This means we will...

- ✓ help people who are well to **stay healthy**
- ✓ work with people to make **healthier choices**
- ✓ use all our combined influence and powers to **prevent poor health and wellbeing**
- ✓ help people to **live as independently as possible** within their own homes and communities
- ✓ deliver **better health and social care** closer to home wherever possible
- ✓ reduce the costs of the health and social care system, so that it is **affordable** for the years to come
- ✓ ensure services remain **safe and of good quality**

We have a plan and the best bit is it isn't new – it's building on what we've done



# Islington Sustainability and Transformation Plans in primary care

- Our vision is for North Central London to be a place with the best possible health and wellbeing, where no-one gets left behind
- 90% of activity happens in general practice and the current system is leading to more and more pressure
- Recognition that general practice is the key to making this plan work and improving health for our patients
- Our Sustainability and Transformation Plan therefore looks at how the system can be redesigned to put more funding and resource where they are needed

# Islington Health and care closer to home

- Ensuring that people receive care in the best possible setting at a local level and with local accountability
- At the heart of the care closer to home model is a 'place-based' population health system of care delivery which draws together social, community, primary and specialist services
- Will be underpinned by a focus on prevention and supported self-care
- Builds on what we are already doing

# What you told us in Islington



# Questions

- Which services are important to you?
- What isn't working and what would you change?
- What are we currently not doing that you would like us to?
- What would improve health and care over the next 5 years?
- Are there more services you would like to see delivered in community-based settings such as your GP practice or local pharmacy? (This could cover medical services or non-medical. For example, information on housing, employment, jobs, fitness, healthy eating (and where to access free or very cheap activities) and other wellbeing services.)
- Would you like to receive some services from a very local community service hub (delivered by GPs) rather than at a hospital or GP practice?